Pulsed Signal Therapy® (PST®) for the treatment of Osteoporosis - A Scientific Premise -

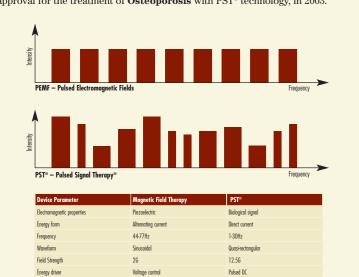
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Introduction

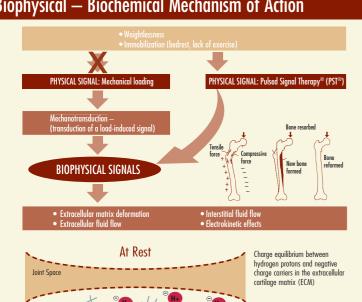
Pulsed Signal Therapy® (PST®) is a unique form of therapy, patented in the US and nineteen European countries, for the treatment of diverse connective tissue disorders. most notably osteoarthritis. PST® was initiated more than two decades ago following clinical evidence that pulsed electromagnetic fields (PEMF) could promote the healing of bone fractures (Bassett et al). Since then PST® has undergone rigorous clinical trials over 15 years, consistently demonstrating both long-term pain relief in osteoarthritis and traumatic joint injury, as well as a return to functionality.

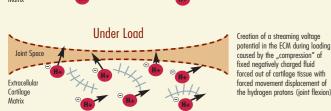
Unlike conventional therapeutic devices which deliver alternating current, or at times, direct current at a specific intensity and constant frequency, PST® delivers changing pulsed electromagnetic signals in an alternating fashion that mimic signals generated in the body. Biophysically, it has been established that PST® emulates the innate physiological and mechanical stresses evoked, and required, in bone formation. It passively induces fluid flow and ionic displacement, thereby generating a piezoelectric ("streaming potential") and eventually activating various signaling network paths – as occurs in mechanotransduction. Increased proteoglycan levels, and collagen synthesis, have been observed in vitro, following stimulation with PST® (Nerucci, Fioravanti, Krüger) A comprehensive Scientific Information CD containing studies and other relevant information regarding PST® technology, is available upon request.

Continued scientific investigations into the medical applications of PST° for the treatment of diverse connective tissue disorders, resulted in international medical regulatory approval for the treatment of **Osteoporosis** with PST[®] technology, in 2003.



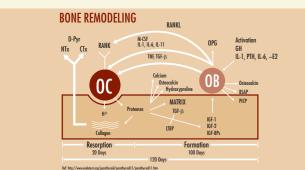
Biophysical — Biochemical Mechanism of Action







BIOCHEMICAL SIGNALS



Bone Remodeling: Osteoblasts (OBs) are activated by several signalling factors, including growth hormone (GH) interleukins (IL-1, IL-6), Parathyroid hormone (PTH), and withdrawal of estrogen (+22). M-CSF and RANKL are the two major OB mediated factors regulating the recruitment and differentiation of osteoclasts (OCs). Osteoprotogerin (OPG) is also synthesized by OBs and inhibits bone resorption by binding to RANKL. The IGFs are released during bone resorption and serve as coupling factors to recruit new OBs to the surface. These peptides may also be important for osteoclast activity.

INTEGRATION OF BIOCHEMICAL AND BIOPHYSICAL SIGNALS

The cytoskeletal (CSK) framework of the focal adhesion complex, is comprised of clustered integrins and actin-associated molecules, and physically interconnects the extracellular matrix to the intracellular actin microfi fibers). Many signal transducing molecules medicate the cell's response to growth factors and ECM binding function when immobilized on this molecular framework (as shown in the figure). Ergo, this may represent a major site for integration of chemical and mechanical signals (transmembrane mechanical signal transfer).

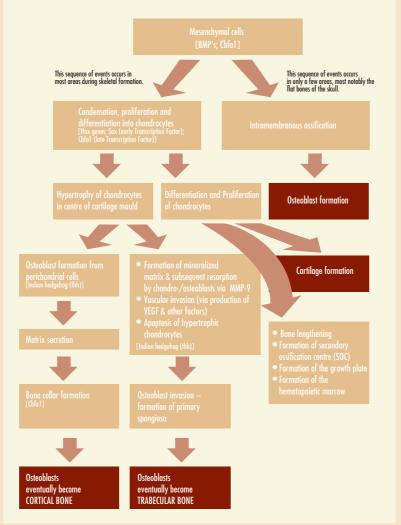


Discussion and Conclusion

efficacy in the treatment of osteoarthritis, and other musculoskeletal disorders, over the past 20 years. PST[®] has undergone strict scientific research, including well-controlled clinical trials in diverse sectors of the globe, and has been certified and accepted in 23 countries around the globe. It is currently available in over 750 PST® clinics worldwide. PST[®] is noninvasive, painless, and, to date, no known adverse effects have been reported. These, and other PST® therapeutic benefits, have been published globally in numerous scientific and medical journals - an integrative CD is

Pulsed Signal Therapy[®] available upon request. As both *in vitro* and *in* (PST®) is a viable, and vivo investigations continue, PST® multifaceted reliable, form of therapy that has demonstrated medical application in the treatment of diverse Connective Tissue Disorders, conventional treatments are often met with rather harsh adverse side effects, continues to unfold. PST[®] researchers have already considered and investigated its medical application in several disorders, including Fibromyalgia - a comprehensive overview is available on the gratis CD. It is anticipated, that biomolecular investigations will enable further elucidation of PST® mechanism of action, extending its therapeutic potential beyond the boarders of the musculoskeletal system...

Overview: Bone and Cartilage Lineages



Pulsed Signal Therapy® for the treatment of Osteoporosis in post-menopausal women Preliminary Data —

To investigate the effects of Pulsed Signal Therapy® (PST®) on both Trabecular and Cortical

Study Design:

A. Selection criteria

 Post-menopausal women (of at least 3 years) 2. Below the age of 75 3. An established Osteopenia, or onset Osteoporosis (no fractures) [Trabecular Bone Density: -1,5SD < x < -2.8SD]

(With the exception of calcium (1000mg/day) medication for osteoporosis was prescribed.)

4. No change in medication for at least 1 year

5. Voluntary, written compliance to partake in the study, after a comprehensive explanation

B. Exclusion criteria:

- 1. A history of previous fractures
- 2. Diabetes Morbus Crohn
- 4. Colitis ulcerosa Hyperthyroidism.
- 6. Oral corticosteroids taken within the last six months.
- 7. New medication prescribed for osteoporosis, within the last year.
- 8. Pregnancy 9. Pace-pacemakers

Methodology:

The volumetric bone mineral density (vBMD) of both trabecular and cortical bone was measured at the ultradistal radius (wrist), using validated instruments of measurement (VIMs) warranted for wrist density mesurements. Each patient served as her own control - that is, one wrist was subjected to PST® treatment and the other not (the control). Measurements were conducted and recorded for both wrists. During the entire duration of the study, patients were refrained from carrying out any form of physical training, in order to avoid inducing bone formation indirectly through mechanical loading. In this way, any increase in bone formation observed, could be

 $\underline{\text{Treatment protocol:}} \ \ A \ \text{one-hour daily treatment with PST}^{\text{o}}, \text{for 12 days, with no treatment}$ over the weekend. Follow-ups conducted at 3-months, 6-months and 12-months,

Results:

These are preliminary results based on a randomized sampling from a population group of post-menopausal women fitting the mentioned selection criteria. Since trabecular bone turnover rate is greater than cortical bone turnover rate, it was expected that the greatest change in vBMD measurements, would be observed when assessing trabecular bone. As early as 12 days post $\mathrm{PST}^\circ\text{-treatment},$ an increase in trabecular vBMD was observed.



Graph 1: Results of Patients Treated with PST® compared to controls Graph 1 depicts the results of both the control (that is, the wrist NOT subjected to PST[®] treatment), and the wrist treated with PST®. Twelve days post commencing PST® treatment, a slight increase in trabecular vBMD, in the control group, was observed which remained constant 3-months post, and gradually decreased at 6-months post. The observed initial increase in vBMD in the control group could, in part, be attributed to the $\,$ positive effects of PST[®], already observed in the treated wrist at 12-days post treatment. The observed decrease at 6-months-post, in the control group, is expected due to the progression of the underlying condition, and to the fact that, in comparison to the treated wrist, the control has not been subjected directly to PST® induction effects. In the PST®treated wrist, an increase in trabecular vBMD was observed after the 12th treatment course, and continued 3- and 6-months post. This suggests a balancing (restoration) of the $\,$ resorption and formation processes, characteristic of bone remodeling, by PST[®].

The definite and significant increase in trabecular vBMD observed, after the 12-day PST® treatment period, clearly demonstrates PST® positive effects on bone formation. At 3- and 6-months post-PST° treatment, it would appear that the innate balance of remodeling has been restored. It is expected that PST° positive effects on cortical bone will also be observed, but at a later period, due to its innate and overall slower turnover rate. In the long-term, it is postulated that PST® will continue to stimulate bone formation, and retard bone resorption, until the innate balance between bone formation and bone resorption has been restored.

Post-Marketing Surveillance investigations, in Berlin and München, are currently underway to verify and ascertain PST® positive effects on bone remodeling. Dual-Energy X-Ray Absorptiometry (DEXA), the most accurate and advanced test available for measuring bone mass, with the ability to determine even the earliest stages of bone loss associated with osteoporosis, will be used. Two groups will be investigated: 1. Post-menopausal women with an established osteoporosis (T-score <2.5SD), no history of fractures and taking calcium and vitamin D.

2. Post-menopausal women with an established osteoporosis (T-score <2.5SD), at least one fracture, and taking prescribed medication.

The whole body, principally the spine and colum femoris, will be treated and bone mass measurements in the region of the lumbar spine recorded. Additionally, in vitro research, and analysis of biochemical markers from sera, including bone alkaline phosphatase, beta-crosslaps, calcium, BSG, Gamma-GT and Creatinine, will also be carried out. Furthermore, neuromuscular tests, using validated instruments of measurement, will serve to assess activities of daily living.

Clinical & in vitro studies

Double-blind clinical trials and other open label prospective studies have been conducted and published over a fifteen year period in the USA, Canada, France, Italy, Germany, and Asia, to verify the effectiveness of PST® proprietary pulsed electromagnetic induction therapy, for the treatment of osteoarthritis and other musculoskeletal disorders of the knee, hip, lower back and cervical spine.

Completed Clinical Studies DB-1 to DB-4 below are all prospective, randomized double-blind placebo-controlled studies using Extremely Low Frequency Electromagnetic Induction Therapy in the treatment of groups was evaluated by two-tailed t-tests Good to very good results, with high Electromagnetic Fields in Osteoarthritis. Good to very good results, with high statistical reatment of Osteoarthritis of the Knee. Open Initial Trial A Prospective Study Using Extremely Low Frequency . The difference in means between the treated and Electromagnetic Induction Therapy in the Treatment of Patients with Inflammatory and Non-Inflammatory Good to very good results, with high statistical Open Trial 1 A Prospective Study Using Extremely Low Frequency Electromagnetic Induction Therapy in the Treatment of Patients with Inflammatory and Non-Inflammatory significance PST® may be effective for treating various joints affected by osteoarthritis, as well as other types of arthritis, and/or other joint-related conditions. · Good to very good results, with high statistical PST® may be effective for treating various joints affected by osteoarthritis, as well as other types of arthritis, and/or other joint-related conditions. Statistically significant improvement in both groups matched pair t-test analysis of pre- and PST® is as effective for the treatment of Etude de vérification de l'efficacité antalgique des champs électromagnetiques pulsés (PST°) dans la gonarthrose. [Efficacy of pulsed electromagnetic therapy (PST°) (p<0.01) and Lequesne index (p<0.05) Good to very good results, with high

 Successful results in 76.19% of cases according to VAS, and in 80.95% according to the algofunction Impiego della Terapia a Segnale Pulsante (PST®) Niguarda Hospital, Milano, Italy 71.4% to 87% cases • Successful results were obtained in 71.4% of cases according to VAS, and in 87% of cases according to the algofunctional index. University of Siena, Siena. A statistically significant difference was found between 50% of the cases. steoarthritis of the knee by means of PST® vs. placebo.

Risultati preliminary nel trattamento di lesioni osteocondrali di ginocchio trattate con Pulsed Signal Therapy (PST®). [Preliminary results of the treatment) ol obtained for subjective pain using VAS.

An overall decrease in pain and improved quality of life

High statistical significance steochondral knee injuries, with Pulsed Signal Therapy

PST® Treatment Center Munich, TU 73.9%

High statistical significance

High statistical significance

• High statistical significance

• Unpaired and paired results for the Lequesne Knee Anthritis Index pre*FST® and 6 months after PST®, using Mann-Whitney U and Wilcoxon tests (a-0.0001 and p-0.001, respectively) (asymp. 2-tables). Beth unpaired and poired results for VASI responses, pre*PST® and 6 months after PST®, showed p-0.0001 (2-failed).
Both unpaired and paired results for responses to daily activities (DAI), pre*FST® and 6 months after PST®, showed p-0.0001 (2-failed).
• High statistical significance

• The results were based on the Lequesne index and

SPSS software and Friedman test were used for statistical evaluation of the recorded data (p<0.05).
 Post-heatment, 58% of patients could successfully open their jows to within 37.0 – 40.5 mm.
 Significant reduction in pain

onarthrosis, Coxarthrosis and degenerative disorders of Medycyna Sportowa. December 1998; XIV(89):31-34. • Presentation Norddeutsche

Prospective, clinical verification study of PST® in

Ergebrisse einer multi-zentrischen Untersuchung zur Winksamkeit der Pulseienden Signal Therapie (PST*)
Arthrosen im Knögelenk (Gonarthrose, Stodium II und III noch Kellgren). (Results of a multicenter study of the clinical effect of Pulsed Signal Therapy in Arthrosis of the knee (Gonarthrosis, grade II and III, occording to Kellgren.)]
1999 — 2001

ermanent Prospective Study (VITAL) Humboldt-Universität, Berlin Deutsche Zahnärztliche Zeitschrift mit Deutsche Zahn-, Mund- und Kieferheilkunde. April 1999; 54(4):284-287. (An observational study) Ended 1998 Pulsierende Signaltherapie zur Behandlung von Arthropathien des Kiefergelenks – vorläufige Ergebnisse einer Doppelblindstudie. [Pulsed Signal Therapy for the treatment of temporamandbulor arthropathy — prellminary results of a double-blind study.] 1997 — 1998

ENT Medical Centre Chronischer Mobus Tinnitus (A pilot study) 1999 — 2001 Clinics and Medical Practices Touble-Blind Clinical Study. 1999 - 2002 in Dresden, Germany,

27-05-2003. Three Prospective Clinical Trials conducted in Berlin, Nuremberg and Munich, Germany, on Chronic Tinnitus Clinics and Medical Practices

Completed *in vitro* studies

Current Clinical Studies

 Measurements were made using VAS (0-100%).
 Significant reduction in pain
 Improvement in moving and opening the lower jaw 52% were patients (Goebel-Hiller) significantly improved • PST® long-term effect A significant decrease in the Tinnitus grade (severity), post the 12-day Presentation at the HNO Congress treatment, at 6 weeks and 3 months thereafter (p>0.05).

• PST® long-term effect • Significant improvement in 52% of the patients
• Trend in improvement post-treatment and 6 weeks later, in an additional 25% of patients.
• No adverse side effects

• Sulphate incorporation (p<0.05) following PST® exposure to in vitro cartilage explants, maintained in organ culture
• Increase proteoglycan levels - evidence for repair and/or relief in University), USA Bioelectromagnetics Society (BEMS)
 Twenty-Second Annual Meeting
 Abstract Book, Munich, Germany, June
 11-16, 2000: 48.
 Enhanced corflage repair, increased ['H]-thymidine incorporation, an Enhanced cartilage repair, increased ['H]-thymidine incorporation, and ["50.] uptake (glycosaminoglycan production) observed by transmission electron microscopy (TEM) and scanning electron microscopy (SEM), of PST*-teated cells. Pulsed Signal Therapy (PST**) Praxis für Orthopödie und Stimulates Mitosis of Human Sportstraumatologie, Proceedings: Tenth International Statistically significant higher mitosis rates in human chondrocyte cell Chondrocytes in Culture. Conference on Biomedical Engineering, Der Einfluss der Pulsierenden Signal Therapie auf die Synthese der Extracelluram Matrix in 3-Dimension Human Chondrayten. [The ST* Effect on 3-Dimensional Chondrayte (Unture: An in witho study). Presentation at the Deutsches PST[®]
Symposium [PST[®] Symposium],
Sadzuzu, Austins (Mp 19, 2001.
Presentation at the 1st Biennial
Meeting of the lissue Engineering
Society HES-2001 Symposium of the
International Cartiage Repair Society
(ICRS) - Frabus, Germany.

Presentation of Cartiage Repair Society
(ICRS) - Frabus, Germany.

		NOV. 7-10, 2001.	
Study of the clinical effect of PST® with trials of the synovial liquid in gonarthrosis.	Auguste-Victoria-Hospital Berlin, University of Erlangen	Conducted 1998 — 2001 and to be submitted for publication.	Statistically significant difference in MMP-1 and 9 levels, between pre- and post-PS1* heatment — har-briefel Hests Increased MMP-1 and 9 levels sugger PS1* may ensure the rapid orest of restoration of domagod fissue—CMAPOLISM (p-0.05). Statistically significant difference in pain intensity, pre- and post-heatment, with a decrease over time — PS1* long-term effect (p-0.05).

ture of Study	Institution conducting the study	Year started	Year expected to end	Comments			
ronic Tinnitus	Medical Practice	1997	Indefinite	Study in progress. As of 22 August 2003, 194 patients have either completed, or are currently undergoing treatment.			
udie zum Nachweis der Wirksamkeit der PST® bei tienten mit gesicherter Osteoporose. [Verification dy of the effect of PST® in patients with ablished osteoporosis].	Infinomed — Institut für Innovative Medizin, München, Germany	2002	Approx. 70%	13 November 2003 - PST®-technology was fully certified for the treatment of osteoporosis. Full axial spine devices are currently available.			
finitive Tinnitus Double-Blind Clinical Trial.	Johannes-Gutenberg- University of Mainz, Germany	2003	2004	Study in progress Prof.Dr.Dr.h.c. W Mann, from Mainz, Germany, is the Principal Investigator. Approval from the Ethics Committee is pending.			
ng-term, multicenter Post-Marketing Surveillance udy of Pulsed Signal Therapy" (PST*) for the attment of Osteoporosis	*Immanuel-Krankenhous Rheumaklinik, Berlin-Wannsee ProGelenk Zentrum, Berlin- Wilmersdorf Infinomed — Institute for Innovative Medicine, München	June 2004	Approx. 1 year	Study in progress Nov. 13, 2003 - BMTS received an international ISO 9000, IEC 93-42 medical certification and approval for the treatment of asteoporosis with PSI® technology. Dr med. J. Semler, Department Head* and osteoporosis expert in Berlin, Germany, is the Principal Investigator Draft 2 of the protocol has been revised and is currently in process.			

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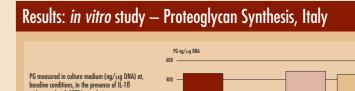
Amsterdam, The Netherlands. (Friday, 21 May 1999). [Avail http://www.cs.berkeley.edu/Seminars/Archive/1999/05.May/990521.klein.html 10. Krüger I, Faensen M. The PST* effect on 3-dimensional chondrocyte culture: an in vitro study. Presentation at the 1st Biennial Meeting of the Tissue Engineering Society

Results: Prospective Multicenter Study (pooled data)

Controlled Double-Blind and Prospective Open Label Studies undertaken in the USA, Germany, and Italy, on 35 000 patients.



In all investigated groups the improvement in pain (intensity, frequency, in motion) is significant to the baseline with p < 0.0001 and leads to a pain reduction between 40 and 50% after 1 year follow-up. Discussion: In previous studies it has been shown that the changes in the placebo patients had less significance at the end of treatmen and had lost significance for most variables at the one month follow-up. The open label analysis and these data were consistent with Conclusion: These studies provide continuing evidence for the use of PST® in obtaining improved functionality along with effective and safe relief from chronic pain associated with Osteoarthritis.



In the presence of IL- β (5ng/ml), proteoglycan (PG) levels decreased significantly (p<0.05), but were subsequently restored

when chondrocytes were stimulated with PST® (p<0.05). TEM of chondrocytes cultured in vitro for 72 hours

surrounding cytoplasm (x9000)

without and with PST™ stimulation

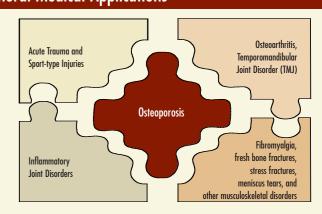
B. In the presence of IL-β

Results: *in vitro* study — Matrix Metalloproteinases in Synovial Fluid, Germany Paired T-Test MMP9/CollagenIV 5,0 - 5.618 -4,0 -

pre- post-PSTTM PSTTM pre- post-PSTTM PSTTM Paired T-Test Descending Stairs Paired T-Test Nightly Pain During Rest

Paired T-Test Mornin Awakening pre- post-PSTTM PSTTM pre- post-PSTTM PSTTM pre- post-PSTTM PSTTM pre- post-PSTTM PSTTM pre- post-PSTTM PSTTM

General Medical Applications



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